

PROACTIVE PROGRAMS

AT

CHALLA GARDENS PRIMARY SCHOOL

Each class teacher will negotiate with students at the start of each year to develop positive class expectations that support our safe and inclusive school environment.

MARBLES promotes positive expectations in classrooms and in the yard

M—Mindset—having a growth mindset

A—Attitude—having a positive attitude

R—Resilience showing resilient in our learning

B—Belief in self and others

L—Leadership—showing leadership over ourselves and in community

E—Engagement—being engaged with learning

S—Stretch—stretching ourselves to achieve more

Other Programs that support MARBLES are:

- CHILD PROTECTION CURRICULUM
- STUDENT VOICE
- PLAY IS THE WAY
- GROWTH MIND SET
- PEER MEDIATOR PROGRAMS and SOLVE LEADERS in the yard to engage actively and safely

SIGNS OF BULLYING FOR PARENTS

Students who have been bullied or are bullying others may include:

- reluctance to go to school or participate in school activities
- changing their method or route to school or is frightened of walking to school
- changes in academic performance/mood swings/sleep or eating patterns

Is it BULLYING?

NOT NICE When someone say or does something **unintentionally** hurtful and they only do it ONCE....**that is NOT NICE**

MEAN When someone say or does something **intentionally** hurtful and they do it ONCE... **that is MEAN**

BULLYING When someone says or does something **intentionally** hurtful and they keep doing it over a period of time even when you tell them to stop or show them you are upset..... **That is BULLYING**

Challa Gardens Primary School

ANTI BULLYING AND HARASSMENT



POLICY



EXCELLENCE



RESPECT

HONESTY

RESPONSIBILITY

At Challa Gardens Primary School we believe that student safety and well-being are essential for effective learning.

Everyone has the right to be safe and secure in their learning environment and to be treated with respect.

At Challa Gardens we will work with the school community and other services to support its students in being responsible members of this community by promoting the wellbeing and resilience.

We can stop bullying if we all speak up!
If you see someone bullying please speak up.



Be part of the SOLUTION
NOT part of the PROBLEM



BULLYING is:

Repeated verbal, physical or social behaviour that is harmful and intended to cause fear, distress or harm to others

It involves the misuse of power by an individual or groups towards one or more people

Bullying can have long term effects on everyone involved

TYPES OF BULLYING:

Verbal bullying– name calling or insulting someone (re physical characteristics, race, culture, sexuality or religion)

Physical bullying– physically hurting or intimidating another person

Social bullying–repeatedly excluding another person including non-verbal bullying

Cyber-bullying – repeated intimidation using any form of social media or any information and communication technologies.

Those who watch, ignore or encourage bullying by others are called **BYSTANDERS**

HOW WE RESPOND TO BULLYING

at

Challa Gardens Primary School

Breaches of our School's Anti-Bullying and Harassment Policy will be responded to in-line with the Department for Education's Behaviour Management guidelines.

We will:

- Investigate the incident
- Discuss with everyone involved
- Communicate with families

Follow-up actions may include:

- Talking with the child (age-appropriate)
- Establishing Behaviour and Safety Plans
- Office Time-out
- Restricted Play/Thinking Room
- Take Home
- Suspensions



LEADERSHIP TEAM is available to support students and families.

At Challa Gardens Primary School we encourage all students to:

- **Talk** to a friend or peer for support
- **SEEK** help from a School Captain or House Captain
- **GO** to any staff member or the Leadership Team until it stops

If **YOU** are being bullied **YOU CAN:**

- Tell them to stop
- Ignore them
- Walk away
- Tell someone who will help you

If **YOU SEE** someone being **BULLIED** **YOU CAN:**

- **Tell the bully to stop**
- **Be a friend to the person being bullied**
- **Get help**